



THE LEARNING ACTIVITIES

Here we provide you with a **catalogue of practical activities based on non formal learning methodologies**. These activities are specifically designed to develop the competences of our Skillset, offering tools that transform learning into an active, participatory and, above all, effective experience, even for those who struggle with more conventional approaches.

*Our aim is to provide you with the tools to **overcome learning difficulties** and heterogeneity in the learning environment, offering concrete strategies to motivate, engage with and develop each young person according to their potential.*

The Sustainable Learning project has developed a **database of examples of Learning Activities** involving the use [the use of non-formal learning methodologies](#).

The database is structured on the basis of the project's Skillsgrid

The threads allows activities to be selected on the basis of the target skills and methodologies used

Some learning activities can be linked together in modular form in order to compose longer and more structured learning paths.

In the **database of Learning Activities** you can find the description of the activities, necessary tools, the objectives and the steps necessary to achieve them.





The Nexus: Learning, Sustainability, Interdisciplinarity

An educator or youth worker can introduce various sustainability topics to young learners, fostering environmental awareness and responsible behavior.

As educators, it's important to recognize that sustainability is a complex, multifaceted challenge that necessitates knowledge and perspectives from various disciplines. Issues like climate change, resource depletion, and social inequality require a **holistic understanding** that transcends any single field. By integrating insights from the **natural sciences, social sciences, humanities, and economics**, we can develop a more comprehensive grasp of these interconnected problems. Addressing these challenges effectively demands innovative solutions that often lie outside the scope of individual disciplines; **interdisciplinary collaboration, therefore, is crucial in fostering creative and effective strategies**. Furthermore, sustainability education should emphasize **systems thinking**, helping learners understand the interactions and influences among different components within a system, be they natural, social, or economic. **This interdisciplinary approach equips youngsters with the skills and knowledge needed to tackle the complexities of real-world sustainability challenges in both their personal and professional lives.**

Here you can find some Examples of sustainability in different disciplines.

Useful Resources for Interdisciplinary Approaches to Sustainability Learning and Education:

- [Content and materials promoted by EU Commission about green education and learning for the green transition](#)
- [UNESCO ESD TOOLKIT](#)
- [UN Environment Programme \(UNEP\) offers content and programme for youth and education](#)
- [The United Nations Sustainable Development Goals \(SDGs\): The SDGs themselves are inherently interdisciplinary, requiring collaboration across various fields to achieve them. The UN provides educational resources on the SDGs.](#)
- [National geographic explains how to combine sustainability and English language learning](#)
- [National geographic webinars on sustainability and learning](#)
- [Portal that reports interesting reflections and contents on how and why to include sustainability in school education](#)

